

The Butter Count



I thought it would be worthwhile to track the amount of butter I use in one calendar year. As a chef, a wife, and a mom, I seem to use an abundance of butter, which is not a bad thing. I use a lot of other fats and flavorful fats, as well. But for fun I thought I'd keep a continuous count for the year. Why should you care? Because the one person who guesses the number of pounds of butter I use in 2010 wins! What do you win? Butter, of course... okay, a meal prepared by me featuring the many wonderful uses of butter.

Here's how it works:

Keep track of the official *Butter Count* at There's a Chef in My Kitchen or through the site's Newsletter**. Submit your guess at buttercount@theresachefinmykitchen.com, including your name and contact information (don't worry we won't sell it, we just want to know how to reach you if you're the lucky guesser). You can enter one time per month per email address, but to win your email address must be a registered, active address as a newsletter subscriber**.

The butter count will be updated regularly throughout the year, but all entries must be submitted by email no later than October 31, 2010 at midnight, ET. The butter count will continue to run through December 2010 and the winner will be announced in January 2011.

The Fine Print:

Of course it wouldn't be a contest without restrictions and limitations, but suffice to say that the dinner is for you and 5 others, served at The Baudelaire Onion, Chef Donna Marie Desfor's Tasting Room located in Mechanicsburg, Pennsylvania. Travel to and from the Tasting Room is the winner's sole responsibility and cost, but you have until January 2012 to claim your prize* and most people eventually somehow manage to travel through the central Pennsylvania, Baltimore, Philadelphia or New York area. From any of those locations you are a mere 2-3 hours away. The contest is open to anyone and everyone but only those who are registered and active email addresses on There's a Chef in My Kitchen's newsletter subscriber** list. can win. One guess submitted by email per month per registered email address. No purchase is necessary, just an active email address on the subscriber** list. Contest rules subject to change without notice.

*Subject to Chef Donna Marie Desfor's and the Tasting Room availability. Please allow at least 2 weeks advance notice.

** To subscribe to There's a Chef in My Kitchen newsletter go to TheresAChefinMyKitchen.com, scroll down to the Sign Up for our Email Newsletter icon and enter your email address.

Current Butter Count:

1 3/4 pound + 3 1/2 tablespoons

Count current as of February 01, 2010